

PRE AND POST CARE SKIN NEEDLING

Pre Skin Needling Treatment:

- Avoid sun for 4 weeks prior to treatment
- Prep skin on the recommended products
- Avoid exfoliation 3 days prior to the treatment
- Avoid waxing 3 days prior to the treatment
- No active herpes simplex, prep for 3 days prior to the treatment if susceptible
- Use a sunblock prior to the treatment

Post Skin Needling Treatment:

- Don't wash the treatment area for 12 hours
- Avoid Physical activity, hot showers, saunas, shaving, waxing for 2 days
- Avoid sun exposure post treatment
- Physical sunblock is mandatory
- Use a cool compress if you have discomfort
- Avoid touching or rubbing the area without clean hands
- Avoid active products for 3-7 days
- Mineral make up can be applied
- Apply hydrating cream for 3-5 days
- Follow product recommendation routine